

# SHELLEY'S

RESTAURANT

3 course meal £16.50

2 course meal £13.00

## STARTERS

### **Duck - Beetroot - Mushroom - Pasta**

Duck and beetroot consommé with homemade wild mushroom tortellini

### **Mackerel - Vegetables - Ginger**

Grilled fillet of mackerel with Thai vegetable salad and ginger crème fraiche

### **Parmesan - Almonds - Baby Gem**

Parmesan gnocchi with smoked almond pesto wilted baby gem lettuce (N) (V)

### **Chicken - Pork - Leek - Ruby Chard - Orange**

Prosciutto wrapped Chicken, pork & leek terrine, ruby chard, Cumberland sauce

## MAIN COURSES

### **Veal - Wine - Potato - Green Beans - Olives**

Ossobuco with sauté potatoes, green beans, tomatoes, black olives

### **Lamb - Peas - Garlic - Red Current**

Canon of lamb with black pudding, minted pea puree, wild garlic potato cakes, complimented with a red currant jus

### **Chicken - Ricotta - Basil - Cream**

Poached corn fed Suffolk chicken breast stuffed with a ricotta and basil farce, coated with a tarragon veloute sauce (N)

### **Sea Bass - Bacon - Potato - Seaweed**

Steamed sea bass fillet with warm smoked bacon, potato, broad bean salad finished with seaweed vinaigrette (N)

### **Quorn - Vegetables - Couscous**

Moroccan Quorn and vegetable tagine with mint couscous (V)

## SIDES

Shelley's mixed salad £1.50

Rocket and parmesan salad £1.50

Seasonal vegetables £1.50

Buttered new potatoes £1.20

(one side dish is included with your main order, additional sides are charged accordingly)

## DESSERTS

### **Banana - Chocolate - Coconut**

Steamed banana and dark chocolate pudding with coconut sorbet (N)

### **Honey - Pastry - Chocolate**

Milk chocolate, honey and lavender tartlet with white chocolate milkshake

### **Lime - Pear - Ginger**

Lime and ginger Savarin with roasted pear and ginger ice cream (N)

### **Shelley's Suffolk Cheese Board**

Local cheeses with accompaniments

We hope you enjoy your experience within our training restaurant and value your feedback. Please advise your waiter of any special dietary requirements.

We cannot guarantee that food has not been in contact with nuts.

(N) = contains nuts  
(V) = vegetarian